



## International podcast homemade in Cornwall brings celebrity voices to St Just barn

**Local St Just woman, Rosie Pentreath, created OUTcast Podcast from a barn in Penwith. And now the St Just-born show has launched with internationally-known names.**

A transgender vicar, a famous author and a star of Gogglebox Australia walk into a studio... no, it's not the start of a very bad joke, but a hint about the line up of a brand new podcast celebrating the coming out stories and experiences of some of the most diverse, inspiring and engaging LGBTQ+ people around the world today.

**OUTcast Podcast**, the newest podcast sharing coming out stories from inspiring LGBTQ+ people from all over the world, launched in September 2021 in West Penwith, is welcoming household names on as its guests.

The podcast, which prides itself on sharing coming out stories from inspiring LGBTQ+ people from all over the world, welcomes guests from all walks of life – from a gay senior leader in the Royal Air Force, to public-facing LGBTQ+ authors, broadcasters and musicians – to take part in fascinating, illuminating and honest conversations which will help bring the LGBTQ+ community together, support anyone thinking of coming out, and hopefully reach some allies along the way.

OUTcast Podcast is presented by **Rosie Pentreath**, a writer, editor and content producer who has ten years of story-telling through publishing, podcasts, video and public speaking under her belt. Rosie was born in Treliske, and grew up in St Just before attending university in London. She has lived in London, Bristol and Sydney, but came home to St Just to give herself the time and space to create, record and share OUTcast Podcast. She came out as gay herself when she was 18 and told her twin sister. She has worked at Classic FM, BBC Music Magazine, Homes & Antiques, MasterChef Australia, Gogglebox Australia, and The X Factor Australia, and written articles for Reader's Digest, Cosmopolitan and Grazia.

Coming out is something LGBTQ+ people do in many stages: first to themselves, then for the very first time to someone else, and then again and again to new people, on a daily basis, throughout their whole life. Coming out can be revelatory, a relief, really tough... or a mix of all those things.

But, crucially, there's a huge difference between living *in stealth* and living *as yourself* – and sharing coming out stories is vital to stop LGBTQ+ people from feeling isolated, conflicted and unable to live as their true selves.

Every episode of OUTcast is accompanied by a **beautiful illustration** of that week's guest, created by UK illustrator and graphic designer **Sam Osborne**.

Founder and host, **Rosie Pentreath** says, "I founded OUTcast Podcast to share coming out stories from inspiring, diverse and courageous LGBTQ+ people to help others in our community feel hopeful, supported, or one step closer to their own coming out journey."

"You can't be it if you don't see it. Hiding an important part of your life, or the core of who you are, is deeply painful, and it's always likely to come out in some way or another. Stories help us."

Season 1 guest and transgender vicar, **Sarah Jones** says, "OUTcast is about being a positive influence, about being a little bit of light in potentially a bit of a dark place, and it's about sharing humanity and good stories."

***Listen to OUTcast on Apple Podcasts, Google Podcasts, Spotify, Amazon, on other podcast platforms, and at [outcastpod.com](https://outcastpod.com).***

Visit [outcastpod.com](https://outcastpod.com) | @OUTcastLGBT

Contact: Rosie Pentreath at [info@outcastpodcast.com](mailto:info@outcastpodcast.com) for further information and media requests.

### **OUTcast Season 1 Guests**

Episode 1 (27 Sep 2021) Tilly Lawless, novelist and queer sex worker.

Episode 2 (4 Oct 2021) Sarah Jones, transgender vicar and public speaker.

Episode 3 (11 Oct 2021) Victor Iringere, Nigerian refugee and LGBTQ+ activist.

Episode 4 (18 Oct 2021) Tim Lai, LGBTQ+ charity worker and Gogglebox Australia star.

Episode 5 (25 Oct 2021) Jessie Grimes, Clarinettist, BBC presenter and teacher.

Episode 6 (1 Nov 2021) Mark Abrahams OBE, Wing Commander and chair of RAF LGBT+ Freedom Network.

Episode 7 (8 Nov 2021) Libby Pentreath, singer-songwriter, charity volunteer and Coast FM presenter.

Episode 8 (15 Nov 2021) Clementine Ford, feminist author and broadcaster.

### **OUTcast Season 2 Guests confirmed so far**

Episode 1 (28 Feb 2022) Patrick Gale, novelist and Emmy award-winning screenwriter.